

GIVING THE GIFT

A Journey for Women Ready to Share Their Gifts



by Elisabeth Serra



Hello There!

I'M ELISABETH SERRA

*Welcome, I'm Elisabeth Serra.
For many years I have been guiding
people into deeper intimacy with
themselves, their bodies, their
relationships, and life itself. My work
brings together embodiment, conscious
relating and transformation. My
passion is creating spaces where we
can soften old patterns, reconnect to
truth, and rediscover what it means
to feel fully alive.*



A dramatic landscape featuring a steep, mossy cliff on the left and a turbulent waterfall cascading down the center. The scene is captured in a cinematic style with high contrast and a dark, moody atmosphere. The text is overlaid on the right side of the image.

about this journey

Giving the Gift is an advanced transformational training for women who have completed the Awakening Woman journey and feel called to bring their gifts, voice, wisdom, and presence more fully into the world.

*This training was born from witnessing women reclaim themselves through Awakening Woman and then standing at the threshold of a deeper question:
How do I embody this in real life?
How do I share what I have lived?
How do I serve, guide, create, and lead without abandoning myself?*

*Giving the Gift is the bridge.
A space where your lived experience begins to become transmission.*

what we will explore

Conscious Facilitation

Learning how to hold transformational spaces with integrity, sensitivity, and presence.

Feminine Leadership

Leading through embodiment, intuition, truth, and relational intelligence.

Communication and Transmission

Finding your authentic voice and learning how to transmit from lived experience.

Shadow Work and Human Dynamics

Understanding projections, resistance, emotional patterns, and relational processes.

Performing Arts and Role Play

Using movement, creativity, voice, and embodied expression as tools for transformation and facilitation.

Embodied Teaching

Learning how to guide others not only through information, but through presence and lived wisdom.



THE HEART OF THIS JOURNEY



This training supports you to:

- *Recognise and trust your unique gifts*
- *Transform limiting beliefs around visibility and expression*
- *Learn to facilitate transformational spaces*
- *Communicate with authenticity and impact*
- *Embody feminine leadership with groundedness and soul*
- *Bring your work, vision, or offering into the world with clarity and confidence*

This journey maybe for you if...



- *You have completed Awakening Woman and feel called to go deeper*
- *You want to facilitate or hold spaces for others*
- *You feel ready to stop hiding your voice and expression*
- *You long to share your gifts with more confidence and embodiment*
- *You desire a grounded and soul-led approach to leadership*
- *You want to bring your work into the world in a more authentic way*



practical details

DATES

Confirmed upon registration

LOCATION

*Soul Sanctuary, Caldes d'Estrach
Barcelona, Spain*

INVESTMENT

690€ per 5-day module

Includes:

- *Accommodation*
- *Organic meals*
- *Course materials*
- *Tuition and facilitation*

Total training investment: 2.070€

*Flexible payment support available
if needed.*

INCLUDED

- *Accommodation*
- *Organic meals*
- *Facilitation and practices*
- *Pre-journey preparation*
- *Post-journey integration support*



our approach

This work is experiential, relational, embodied, and deeply human.

We learn through:

- *Practice*
- *Presence*
- *Feedback*
- *Creativity*
- *Real-life application*
- *Community and shared transformation*

This is not about becoming a perfect facilitator.

It is about becoming a real one.



A FINAL WORD

The world is not only asking for healed women.

It is asking for embodied women.

Women who can transmit truth.

Women who can hold depth.

Women who can create spaces where others remember themselves.

Perhaps this is the next step of your journey.

Not only becoming but giving.

Elisabeth Serra